

What is BioSET® System (Bioenergetic Sensitivity and Enzyme Therapy)

Developed during 25 years of clinical practice, Dr. Ellen Cutler, D.C. discovered the BioSET System that offers the opportunity to help create and maintain an improved state of health and wellness. It integrates traditional Chinese medicine and acupuncture together with contemporary approaches to applied immunology and nutrition. The BioSET System employs three basic treatments: organ-specific detoxification, enzyme therapy, and desensitization.

- **Organ-specific detoxification:** Stimulates the release of accumulated toxins from organs and tissues and promotes elimination from the body through the use of homeopathics.
- **Enzyme therapy:** Facilitates good digestion and a healthful inflammatory response thus helping correct nutritional deficiencies and other systemic imbalances through the therapeutic use of vegetarian enzyme supplements.
- **Desensitization:** Bioenergetic evaluation of organ stress and nutritional status followed by the elimination of allergic responses and sensitivities through a revolutionary, noninvasive technique based on acupuncture meridians and immunology.

How does it work?

To understand how BioSET® works, it is useful to think of the body as an organism through which electromagnetic energy flows along invisible pathways. According to traditional Chinese medicine, the electromagnetic energy in our bodies, called chi, manifests as lines of force, or meridians. These meridians run near the surface of the body and pass into our internal organs. The amount of energy that runs through these meridians can be measured and recorded. This can be done either through muscle testing or with a device that measures the electrical properties of acupuncture points along the meridians. These examinations indicate whether the meridians are balanced, stressed, weakened or blocked. BioSET® uses tools drawn from acupuncture, chiropractic and kinesiology to locate and remove blockages in electromagnetic pathways that are specifically related to allergens. At Art of Wellness, Cheryl Broad utilize a computerized device, the IQS, to measure the energy frequency of elements that is highlight on the computer as relate to your body.



The IQS™ (Interactive Query System) is an accurate, reliable and noninvasive technology that allows your practitioner to conduct a personal health evaluation to understand what is required to restore your body to good health and improve your overall well being. The IQS™ machine works by tapping into your body's natural ability to "know" what it needs— and then translates that into information your practitioner can use to determine your health options.

The IQS™ device is used to measure electrical impulses in the body through a process often referred to as electrodermal dialog, or EDD. These electrical currents are obtained through the skin at acupuncture meridian points on the hands. To get results, the IQS™ queries the body's natural intelligence, recording responses to "yes" and "no" questions. The process, called Interrogatory Biofeedback, is accurate and quick, as answers to each query take as little as two seconds to receive. The IQS™ machine records detailed information about your overall health, allowing your BioSET® practitioner to address your specific health needs.

Correcting the energy flow

As we are taught in basic biochemistry, all substances, living and non-living, emit energy. Atoms attract and repel one another, building molecules and more complex structures, all while creating energy frequencies that interact in positive and negative ways. When frequencies are dissonant, a block or weakness occurs resulting in symptoms associated with increased, decreased or irregular reactivity. BioSET® corrects the energy flow with enzyme therapy, homeopathic remedies and desensitization.

Clearing the blockage and resetting the nervous and immune systems

This innovative BioSET® desensitization technique releases the blockage and resets the nervous and immune systems. This process is called "clearing." Clearing for a specific sensitivity helps to rebalance the immune response resulting in a marked decrease or complete resolution of symptoms. BioSET® practitioners use muscle testing or electro-dermal screening to determine what is the sensitivity or blockage, how severe the blockage is and where in the body the reactivity is taking place.

By activating specific acupressure points via utilization of the nervous system along the spine, the BioSET® practitioner is then able to "clear" the blockage, and thereby clear the sensitivity. Once "cleared" of a specific sensitivity using the BioSET® method of desensitization, the physical symptoms associated with the sensitivity, such as sneezing, runny nose, itchy eyes, headache, and difficulty breathing, will be reduced or resolved, often permanently.

Addressing the root cause of a chronic condition

BioSET®'s success lies in the fact that it helps heal the person at the root cause of the individual's problem. Individuals who suffer from chronic conditions are usually imbalanced in their digestive tract or immune response. They often have toxicity or inability to adequately deal with their toxic load, or have abnormal reactions to items, such as foods, environmental chemicals or pathogens. Because they are reactive, their immune system becomes overloaded by simply fighting off everyday sensitivities.

Some of the conditions for which the BioSET System has been helpful are:

- Any form of allergic reaction
- Chemical or environmental sensitivities
- Asthma
- Bronchitis
- Arthritis
- Candida
- Childhood illnesses or recurring infections
- Chronic Vaginitis
- Eczema and other skin disorders
- Chronic fatigue syndrome
- Fibromyalgia
- Headaches and migraines
- Herpes
- High blood pressure or high cholesterol
- Digestive disorders
- Diabetic complications
- Lupus and other autoimmune disorders
- Menopausal symptoms and PMS
- Thyroid disorders

Sources:

Voll R. Twenty years of electroacupuncture in Germany: a progressive report. Am J Acupunct 1975;3:7-17

Cutler E. The Food Allergy Cure; A New Solution to Food Cravings, Obesity, Depression, Headaches, Arthritis, and Fatigue. 2001. Harmony Books, New York

www.bioset.net