

 Art of Wellness Center welcomes everyone from all cultural backgrounds, regardless of your religious or spiritual beliefs, sexual preferences, and of any age. The membership allows for continuous discounts from 15% to 30% off all services. It is not a requirement to become a member. We offer competitive price for our non-members as well. Walk-ins are welcome. Your membership determines the fee you pay per service selected.

 **FULL-PRIVILEGE MEMBERSHIP (FM)**
(ANNUAL RENEWAL REQUIRED)

- COLLEGE STUDENT =\$150
- YOUNG ADULT (AGE 19-23) =\$150
- ADULT (AGE 24-64) =\$185
- SENIOR (AGE 65 OR OLDER) =\$100
- SENIOR COUPLE =\$150
- FAMILY =\$320

 **GENERAL MEMBERSHIP (GM)**
(MONTHLY RENEWAL REQUIRED)

- COLLEGE STUDENT =\$15
- YOUNG ADULT (AGE 19-23) =\$15
- ADULT (AGE 24-64) =\$20
- SENIOR (AGE 65 OR OLDER) =\$12
- SENIOR COUPLE =\$20
- FAMILY =\$35

(NO MORE THAN 4 PEOPLE LIVING IN THE SAME HOUSEHOLD.
ADD'L PERSON ADD \$75)

 Membership Benefits

- ◆ In-store receive 10% OFF nutritional products
- ◆ On-line products receive up to 50% Cash back
- ◆ Product on-line purchase \$100 or more receive \$10 toward any AOW services.
- ◆ Product on-line purchase \$150 or more receive \$20 toward any AOW services.
- ◆ Purchase of Gift Certificate at membership price
- ◆ Complete 10 services and receive \$5 off toward next service (classes are excluded)
- ◆ One FREE 15 minute chair massage when signed up as a member
- ◆ One free Asian Grocery Tour (FM only)
- ◆ 3 FREE Yoga Classes (must use in 30 days from sign up date– FM only)
- ◆ 1 FREE Private Fitness Training
- ◆ Receive discounts from our affiliates (please see the list or visit the website)

Appointment Cancellation: 24 hours Notice required or there will be a \$10 Charge.

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WE ACCEPT MOST PRIVATE INSURANCES, WORKMEN'S COMP, and AUTO-ACCIDENT INSURANCE

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*ASK ABOUT OUR CORPORATE WELLNESS PACKAGES TAILORED TO YOUR COMPANY'S NEEDS OR
STRESS MANAGEMENT WORKSHOP AT YOUR LOCATION*

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Refund Policy: 30 Days Money Back Guaranteed on Membership Fee

 **TRADITIONAL CHINESE MEDICINE & NUTRITION**

	FM	GM	NM
Initial Evaluation	\$50	\$60	\$75
Initial Treatment (Evaluation + Treatment)	\$75	\$85	\$95
Acupuncture Treatment	\$45	\$60	\$75
Allergy Evaluation	\$50	\$60	\$75
Cupping / Gua Sha Treatment	\$40	\$50	\$60
Facial Acupuncture Treatment	\$80	\$95	\$135
Integrative Nutrition & Supplement Counseling	\$30	\$40	\$50
(50% OFF nutrition counseling with purchase of any nutraMetrix product)			
Herbal Assessment	\$40	\$50	\$60

 Herbs are separately charged)

 **MIND-BODY WORK**

Massage Therapy :

Swedish (1hr)	\$45	\$55	\$65
Deep Tissue (1hr)	\$55	\$65	\$75
Acupressure / Shiatsu Therapy (1hr)	\$60	\$70	\$80
Myofascial Release (1hr)	\$60	\$70	\$80
Prenatal Massage (1hr)	\$60	\$70	\$80
Facial Massage (1/2hr)	\$25	\$30	\$35
Reflexology (1hr)	\$55	\$65	\$75
Thai Yoga Massage (1.5hr)	\$85	\$95	\$105
CranioSacral Therapy (1hr)	\$65	\$80	\$95
Reiki (1hr)	\$55	\$65	\$75

 **CREATIVE EMOTIONAL SERVICES (all 50 min)**

Initial Bio-psychosocial Evaluation	\$65	\$80	\$95
Individual Psychotherapy	\$45	\$60	\$75
Couple and Family Psychotherapy	\$55	\$70	\$85
Support Group / Group Therapy	\$15	\$25	\$35
Individual Creative Arts Psychotherapy	\$45	\$60	\$75
(Art, Music, or Dance-Movement modality)			

 **MIND-BODY FITNESS SERVICES (class series must be pay in full)**

Monthly Yoga Pass (per class)	\$50	\$65	\$85
Yoga (per class)	\$8	\$12	\$15
*Yoga Beginner's Series (6 weeks)	\$50	\$65	\$85
*Tai Chi Beginner's Series (12 weeks)	\$150	\$180	\$210
*Tai Chi Intermediate/Advance level (12 weeks)	\$175	\$210	\$240
Private Lesson (Yoga / Tai Chi)	\$45	\$55	\$65
Fitness Training	\$35	\$45	\$55

COMMUNITY ACUPUNCTURE

\$25 per treatment

**Smoking Cessation, Drugs & Alcohol
Addiction, Depression, Anxiety & Stress, Pain
Management, Food Cravings, Weight
Management and much more...**

ASIAN Grocery Tour

**Vegetables, herbs, teas,
noodles, food preparation, and
more.....1.5 hrs. for \$30**

GENE SNP GENETIC TESTING

\$395

Let's Test, Not Guess! Influence how your
gene behaves through proper diets, lifestyle,
supplements, and exercise recommendation.